

**AFFILIATED TO :** TAEKWONDO FEDERATION OF INDIA, UTTAR PRADESH OLYMPIC ASSOCIATION

**RECOGNISED BY :** GOVERNMENT OF INDIA

**Correspondence Address :** 144/19/2 Gwynne Tank, Aminabad, Lucknow : 226018. Mob: 9415434679

**Email:** [uptaekwondo@gmail.com](mailto:uptaekwondo@gmail.com)

**Website:** [www.uptaekwondo.com](http://www.uptaekwondo.com)

**SYED RAFAT ZUBAIR RIZVI**

CHAIRMAN

TREASURER UTTAR PRADESH OLYMPIC ASSOCIATION

**DEVENDRA SINGH**

TREASURER

**RAJ KUMAR**

SECRETARY

**SHAILESH KUMAR SINGH (SHAILU)**

PRESIDENT

EX-MLA, EX-PRESIDENT LUCKNOW UNIVERSITY

Ref. No. ....

Date. ....

To,

The President/Secretary

All the Affiliated District Taekwondo Association

### INVITATION

Dear Colleague's,

We are happy to inform that **LUCKNOW DISTRICT TAEKWONDO ASSOCIATION**, under the aegis of **UTTAR PRADESH TAEKWONDO ASSOCIATION**, is organizing **5<sup>th</sup> BHARAT RATNA LATE ATAL BIHARI BAJPAI OPEN STATE TAEKWONDO CHAMPIONSHIP: 2025** from 15<sup>th</sup> to 18<sup>th</sup> May 2025 at K. D. Singh Babu Stadium, Lucknow.

We cordially invite you and your teams to participate in the Championship. There is no restriction for participation from a District in a weight Category. Criteria for participation in above championships is as follows:-

1. Sub-Junior Boys & Girls Athletes aged between 7 & 11+ Year (Born between 01/01/2014 & 31/12/2018) are eligible in both Kyorugi & Poomsae events. Athletes should be holder of Green Belt & above Certificate issued by UPTA.
2. Cadet Boys & Girls Athletes aged between 12 & 14 Years (Born between 01/01/2011 & 31/12/2013) are eligible in both Kyorugi & Poomsae events. Athletes should be holder of Green Belt & above Certificate issued by UPTA.
3. Junior Male & Female Athletes aged between 15 & 17 Years (Born between 01/01/2008 & 31/12/2010) are eligible in both Kyorugi & Poomsae events. Athletes should be holder of Kukkiwon 1 Dan & above Certificate.

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4. Senior Male & Female Athletes aged 18 year & above (Born on or before 31/12/2007) are eligible in both Kyorugi & Poomsae events. Athletes should be holder of Kukkiwon 1 Dan & above Certificate.

Age will be calculated based on the year 2025. Holder of TFI ID card & recommended by the President/Secretary of Affiliated District Taekwondo Association are eligible. We are enclosing the following: -

1. Outline – Information & Rules for Participation.
2. Team Officials & Individual Entry Forms.

Athletes who are eligible to participate in Junior & Senior Division should be Kukkiwon Black Belt holders. Sub-Junior & Cadet Athletes who are eligible to participate in the Championships should be Green belt & Above Certificate holder (Color Belt Certificate copy should be enclosed).

The last date for submission of Entry along with Photos and relevant documents is **12<sup>th</sup> May 2025** Positively. Entry Fees should be deposited in following Bank account of organizers details given below: -

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PRESIDENT

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**Date. ....**

We solicit your Teams Active participation to make this Championship a Grand Success.  
Lucknow District Taekwondo Association & Uttar Pradesh Taekwondo Association are making every possible effort to make this Championship a successful one.

With warm & kind regards.

SD

**Raj Kumar**

Secretary General  
Uttar Pradesh Taekwondo Association

UTTAR PRADESH TAEKWONDO ASSOCIATION



# 5<sup>th</sup> BHARAT RATNA LATE ATAL BIHARI BAJPAI OPEN STATE BOYS & GIRLS TAEKWONDO CHAMPIONSHIP : 2025



DATE- 15<sup>th</sup> to 18<sup>th</sup> May 2025

VENUE- K. D. Singh Babu Stadium, Lucknow.

Organizer : Lucknow District Taekwondo Association

Promoter : Uttar Pradesh Taekwondo Association

## OUTLINE

### RULES & REGULATIONS

1.	Date & Place	15 <sup>th</sup> to 18 <sup>th</sup> May 2025, K.D. Singh Babu Stadium, Lucknow. (New Indoor hall near metro Station) Registration will start on date at 08:00 AM.
2.	Promoter	UTTAR PRADESH TAEKWONDO ASSOCIATION 144/19/2 Gywnne Tank, Aminabad, Lucknow-226018. Mob.: 9415434679 / Email: <a href="mailto:uptaekwondo@gmail.com">uptaekwondo@gmail.com</a>
3.	Organizer	LUCKNOW DISTRICT TAEKWONDO ASSOCIATION Contact Person :- Mr. Raj Kumar- 9415434679 / Mr. Devendra Singh- 9456049771 / Mr. Him Preet Singh- 9838209925.
4.	Qualification	<p>Holder of Green Belt &amp; Above Certificate issued by UPTA for Sub-Junior, Cadet Boys &amp; Girls Athletes. Junior and Senior Athletes should be Kukkiwon Black Belt holders and UPTA web card holders.</p> <ol style="list-style-type: none"><li>1. Sub-Junior Boys &amp; Girls Athletes aged between 7 &amp; 11+ Year (Born between 01/01/2014 &amp; 31/12/2018) are eligible in both Kyorugi &amp; Poomsae events. Athletes should be holder of Green Belt &amp; above Certificate issued by UPTA.</li><li>2. Cadet Boys &amp; Girls Athletes aged between 12 &amp; 14 Years (Born between 01/01/2011 &amp; 31/12/2013) are eligible in both Kyorugi &amp; Poomsae events. Athletes should be holder of Green Belt &amp; above Certificate issued by UPTA.</li><li>3. Junior Male &amp; Female Athletes aged between 15 &amp; 17 Years (Born between 01/01/2008 &amp; 31/12/2010) are eligible in both Kyorugi &amp; Poomsae events. Athletes should be holder of Kukkiwon 1 Dan &amp; above Certificate.</li><li>4. Junior Male &amp; Female Athletes aged between 15 &amp; 17 Years (Born between 01/01/2008 &amp; 31/12/2010) are eligible in both Kyorugi &amp; Poomsae events. Athletes should be holder of Kukkiwon 1 Dan &amp; above Certificate.</li><li>5. Senior Male &amp; Female Athletes aged 18 year &amp; above (Born on or before 31/12/2007) are eligible in both Kyorugi &amp;</li></ol>

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		<p>Poomsae events. Athletes should be holder of Kukkiwon 1 Dan &amp; above Certificate.</p> <p>Age will be calculated based on the year 2025. Recommended by the President/Secretary of Affiliated District Taekwondo Association. Sub-Junior, Cadet Athlete should be Green Belt &amp; above holder. Junior &amp; Senior Athlete should be Kukkiwon Black Belt holders.</p>
5.	Competition Rules	World Taekwondo New Competition Rules. Single Elimination Tournament System. <u><b>Please Note Change in the Weight Categories of Cadet Competitions.</b></u>
6.	Entry	The Last date of Receipt of Entry Forms along-with relevant documents is <b>12<sup>th</sup> May 2025</b> Positively.
7.	Protective Equipment	Championships will be conducted for Cadet, Junior & Senior in protective Scoring System (PSS) & for Sub-Junior in Electronic Scoring System (ESS) or Manual. Organizer will provide e-Head

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		Guard & e-Chest Guard & Sensor Socks. Participants must bring their own Shin Guard, Forearm Guard, Groin Guard, Mouth Guard. Sub-Junior participants must bring their own Chest Guard & Head Guard.
8.	Appointment of Referees	The required number of Referees will be appointed by UPTA. These Referees will be provided Boarding and Lodging during the Championships.
9.	Condition of Participation	<p>(a) Participants have to make their own arrangement for Boarding &amp; Lodging during their stay in Lucknow for the Championships. For any assistance they can contact organizers.</p> <p>(b) Drawing of Lots :- Drawing of Lots will be done by computer software.</p> <p>(c) Weigh-In will be done at the designated time and venue. Absentees will be disqualified. Original Birth Certificate &amp; UPTA web card should be produced at the time of Weight-In.</p> <p>(d) Player can check weight before 1 hours. Only one chance given for Final Weight-in. Coach must signature after weight-in.</p> <p>(e) A Security Deposit of Rs. 1000.00 should be remitted by each Team at the time of Registration which will be refunded during departure after clearing any Loss or Damage cost of stadium/ accommodation property; if any.</p>
10.	Indemnities	It shall be responsibility of the respective DTA to ensure that their Contestants have validly completed the participation forms and have them signed by the Parents / Guardians and contestants indemnifying the Organizers, the Officials and other Contestants from any Claims or Injuries, Losses, Fatal or Otherwise arising in the course of Participation in this Championship or any activities there to. The Application Forms not signed by Parents / Guardians will not be accepted.
11.	Protest If Any	In case, there is objection towards a judgment, concerned Coach / Manager must submit the Protest Application Form together with prescribed fee of Rs. 1000.00 (Non-Refundable) to the Board of Arbitration within ten minutes after the pertinent contest. Deliberation will be done as per WT Rules.
12.	Awards	1 <sup>st</sup> Place : Gold Medal

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13.	Medical Control	(A) Use of Drugs or Doping By Any Chemical Substances Prescribed In the WT Regulations For Doping Control are Strongly Prohibited.
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SUB-JUNIOR DIVISION			
Wt. Category	Sub-Junior Boys	Wt. Category	Sub-Junior Girls
Under 16 Kg	Not exceeding 16 Kgs	Under 14 Kg	Not exceeding 14 Kgs
Under 18 Kg	Over 16 Kgs & Not Exceeding 18 Kgs	Under 16 Kg	Over 14 Kgs & Not Exceeding 16 Kgs
Under 21 Kg	Over 18 Kgs & Not Exceeding 21 Kgs	Under 18 Kg	Over 16 Kgs & Not Exceeding 18 Kgs
Under 23 Kg	Over 21 Kgs & Not Exceeding 23 Kgs	Under 20 Kg	Over 18 Kgs & Not Exceeding 20 Kgs
Under 25 Kg	Over 23 Kgs & Not Exceeding 25 Kgs	Under 22 Kg	Over 20 Kgs & Not Exceeding 22 Kgs
Under 27 Kg	Over 25 Kgs & Not Exceeding 27 Kgs	Under 24 Kg	Over 22 Kgs & Not Exceeding 24 Kgs
Under 29 Kg	Over 27 Kgs & Not Exceeding 29 Kgs	Under 26 Kg	Over 24 Kgs & Not Exceeding 26 Kgs
Under 32 Kg	Over 29 Kgs & Not Exceeding 32 Kgs	Under 29 Kg	Over 26 Kgs & Not Exceeding 29 Kgs
Under 35 Kg	Over 32 Kgs & Not Exceeding 35 Kgs	Under 32 Kg	Over 29 Kgs & Not Exceeding 32 Kgs
Under 38 Kg	Over 35 Kgs & Not Exceeding 38 Kgs	Under 35 Kg	Over 32 Kgs & Not Exceeding 35 Kgs
Under 41 Kg	Over 38 Kgs & Not Exceeding 41 Kgs	Under 38 Kg	Over 35 Kgs & Not Exceeding 38 Kgs
Under 44 Kg	Over 41 Kgs & Not Exceeding 44 Kgs	Under 41 Kg	Over 38 Kgs & Not Exceeding 41 Kgs
Under 50 Kg	Over 44 Kgs & Not Exceeding 50 Kgs	Under 47 Kg	Over 41 Kgs & Not Exceeding 47 Kgs
Under 60 Kg	Over 50 Kgs & Not Exceeding 60 Kgs	Under 57 Kg	Over 47 Kgs & Not Exceeding 57 Kgs



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JUNIOR DIVISION			
Wt. Category	Junior Male	Wt. Category	Junior Female
Under 45 Kg	Not exceeding 45 Kgs	Under 42 Kg	Not exceeding 42 Kgs
Under 48 Kg	Over 45 Kgs & Not Exceeding 48 Kgs	Under 44 Kg	Over 42 Kgs & Not Exceeding 44 Kgs
Under 51 Kg	Over 48 Kgs & Not Exceeding 51 Kgs	Under 46 Kg	Over 44 Kgs & Not Exceeding 46 Kgs
Under 55 Kg	Over 51 Kgs & Not Exceeding 55 Kgs	Under 49 Kg	Over 46 Kgs & Not Exceeding 49 Kgs
Under 59 Kg	Over 55 Kgs & Not Exceeding 59 Kgs	Under 52 Kg	Over 49 Kgs & Not Exceeding 52 Kgs
Under 63 Kg	Over 59 Kgs & Not Exceeding 63 Kgs	Under 55 Kg	Over 52 Kgs & Not Exceeding 55 Kgs
Under 68 Kg	Over 63 Kgs & Not Exceeding 68 Kgs	Under 59 Kg	Over 55 Kgs & Not Exceeding 59 Kgs
Under 73 Kg	Over 68 Kgs & Not Exceeding 73 Kgs	Under 63 Kg	Over 59 Kgs & Not Exceeding 63 Kgs
Under 78 Kg	Over 73 Kgs & Not Exceeding 78 Kgs	Under 68 Kg	Over 63 Kgs & Not Exceeding 68 Kgs
Over 78 Kg	Over 78 Kgs	Over 68 Kg	Over 68 Kgs
SENIOR DIVISION			
Wt. Category	Senior Male	Wt. Category	Senior Female
Under 54 Kg	Not exceeding 54 Kgs	Under 46 Kg	Not exceeding 46 Kgs
Under 58 Kg	Over 54 Kgs & Not Exceeding 58 Kgs	Under 49 Kg	Over 46 Kgs & Not Exceeding 49 Kgs
Under 63 Kg	Over 58 Kgs & Not Exceeding 63 Kgs	Under 53 Kg	Over 49 Kgs & Not Exceeding 53 Kgs
Under 68 Kg	Over 63 Kgs & Not Exceeding 68 Kgs	Under 57 Kg	Over 53 Kgs & Not Exceeding 57 Kgs
Under 74 Kg	Over 68 Kgs & Not Exceeding 74 Kgs	Under 62 Kg	Over 57 Kgs & Not Exceeding 62 Kgs
Under 80 Kg	Over 74 Kgs & Not Exceeding 80 Kgs	Under 67 Kg	Over 62 Kgs & Not Exceeding 67 Kgs
Under 87 Kg	Over 80 Kgs & Not Exceeding 87 Kgs	Under 73 Kg	Over 67 Kgs & Not Exceeding 73 Kgs
Over 87 Kg	Over 87 Kgs	Over 73 Kg	Over 73 Kgs



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CADET WEIGHT CATEGORY					
CADET MALE			CADET FEMALE		
Category	Height in Cms	Min & Max Weight	Category	Height in Cms	Min & Max Weight
Under 148 Cms	Not exceeding 148 cms	33Kg-45Kg	Under 144 Cms	Not exceeding 144 cms	32Kg-43Kg
Under 152 Cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg	Under 148 Cms	Over 144 cms & not exceeding 148 cms	33Kg-45Kg
Under 156 Cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg	Under 152 Cms	Over 148 cms & not exceeding 152 cms	35Kg-48Kg
Under 160 Cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg	Under 156 Cms	Over 152 cms & not exceeding 156 cms	37Kg-51Kg
Under 164 Cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg	Under 160 Cms	Over 156 cms & not exceeding 160 cms	39Kg-53Kg
Under 168 Cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg	Under 164 Cms	Over 160 cms & not exceeding 164 cms	41Kg-56Kg
Under 172 Cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg	Under 168 Cms	Over 164 cms & not exceeding 168 cms	43Kg-59Kg
Under 176 Cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg	Under 172 Cms	Over 168 cms & not exceeding 172 cms	45Kg-61Kg
Under 180 Cms	Over 176 cms & not exceeding 180 cms	49Kg-67Kg	Under 176 Cms	Over 172 cms & not exceeding 176 cms	47Kg-64Kg
Over 180 Cms	Over 180 cms	52Kg-80Kg	Over 176 Cms	Over 176 cms	50Kg-75Kg

## Poomsae

Classification of Competition	MEN'S INDIVIDUAL CATEGORY
	WOMEN'S INDIVIDUAL CATEGORY
	MIXED PAIR CATEGORY (1 MALE & 1 FEMALE)
	MEN'S GROUP CATEGORY (3 MALE)
	WOMEN'S GROUP CATEGORY (3 FEMALE)

## COMPETITION FORMAT

Division	Competition	Syllabus
Sub-Junior Under 12 Yrs	Individual, Mixed Pair & Group Category	Taeguk 2, 3, 4, 5, 6, 7, 8 Jang.
Cadet Under 14 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang.

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Division	Competition	Syllabus
Junior Under 17 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon.
Senior Under 30 Yrs	Individual, Mixed Pair & Group Category	Taeguk 4, 5, 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin.
Senior Under 40 Yrs	Individual	Taeguk 6, 7, 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae.
Senior Under 50 Yrs	Individual	Taeguk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon.
Senior Under 60 Yrs	Individual	Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon, Hansu.
Senior Under 65 Yrs		
Senior Over 65 Yrs		
Senior Over 30 Yrs	Mixed Pair & Group Category	Taeguk 8 Jang, Koryo, Keumgang, Taebak, Pyongwon, Shipjin, Jitae, Chonkwon.

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## INDIVIDUAL ENTRY FORM KYORUGI

	SUB-JUNIOR	MALE		WEIGHT	HEIGHT	WEIGHT CATEGORY
	CADET					
	JUNIOR	FEMALE				
	SENIOR					
District Name						

Name (IN CAPITAL LETTERS)				PASTE ONE PASSPORT SIZE PHOTOGRAPH
DATE OF BIRTH		AGE		
FATHER NAME				
COPY OF CORPORATION / MUNICIPAL BIRTH CERTIFICATE, TFI ID CARD, UPTA WEB CARD, COLOUR BELT CERTIFICATE & KUKKIWON CERTIFICATE SHOULD BE ENCLOSED COMPULSORILY AND ORIGINALS SHOULD BE SHOWN AT THE TIME OF WEIGHT-IN / HEIGHT-IN.				
PRESENT BELT GRADE		WEB CARD NO.		
ACADEMIC QUALIFICATION		NAME OF THE SCHOOL		

DECLARATION	
I, the undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors & administrators that I indemnify the Promoters / Organizers / Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waving all prerogative rights, whatsoever related to the above set forth event.	
Signature of Parents / Guardian	Signature of Participant
Signature of President / Secretary – Affiliated District Taekwondo Association	

FOR CHAMPIONSHIP USE				
WEIGHT	1 <sup>ST</sup>	Referee Sign.	REMARK	Coach Sign.
HEIGHT				

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## INDIVIDUAL ENTRY FORM POOMSAE

Mark (X) on the appropriate boxes.							
SUB-JUNIOR		CADET		JUNIOR		SENIOR	
Category	Individual		Pair		Group		
Gender	Male		Female				
Name (IN CAPITAL LETTER)							Attach One Passport Size Photo
Distirct							
Date of Birth							
Father's Name (IN CAPITAL LETTER)							
Current Belt Grade							
Xerox Copy of TFI ID Card, UPTA web Card, Belt Grade Certificate. Birth Certificate should be enclosed Compulsorily.							
Academic Qualification			Web Card No.				
Name of Board / University							

### DECLARATION

I, the undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors & administrators that I indemnify the Promoters / Organizers / Sponsors & its Members, Officials, Participants etc., holding myself personally responsible for all damages, injuries of accidents, claims, demands etc., waving all prerogative rights, whatsoever related to the above set forth event.

Signature of Parents / Guardian.	Signature of Participant
Signature of President / Secretary District Association with Stamp	



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## TEAM OFFICIALS ENTRY FORM

District Association			
BOYS DIVISION			
	COACH		MANAGER
NAME		NAME	
	Attach One Passport Size Photograph		Attach One Passport Size Photograph
GIRSL DIVISION			
	COACH		MANAGER
NAME		NAME	
	Attach One Passport Size Photograph		Attach One Passport Size Photograph

**Note- The number of Coach & Manager will be 10% of the Team.**

Ex- 20 students in a team then  $20 \times \frac{10}{100} = 2$  {1 Coach & 1 Manager}

- Only Coach Licence holder coach allowed in the championship to sit as a coach seat during fight.

