

AFFILIATED TO : TAEKWONDO FEDERATION OF INDIA, UTTAR PRADESH OLYMPIC ASSOCIATION

RECOGNISED BY : GOVERNMENT OF INDIA

Correspondence Address : 144/19/2 Gwynne Tank, Aminabad, Lucknow : 226018. Mob: 9415434679

Email: uptaekwondo@gmail.com

Website: www.uptaekwondo.com

SYED RAFAT ZUBAIR RIZVI
CHAIRMAN

TREASURER UTTAR PRADESH OLYMPIC ASSOCIATION

DEVENDRA SINGH
TREASURER

RAJ KUMAR
SECRETARY

SHAILESH KUMAR SINGH (SHAILU)
PRESIDENT

EX-MLA, EX-PRESIDENT LUCKNOW UNIVERSITY

Date : 06/04/2025

To:

The President / Secretary

All the Affiliated District Taekwondo Association / Clubs.

INVITATION

Dear Sirs,

We are happy to inform, that **Lucknow District Taekwondo Association**, under the aegis of **Uttar Pradesh Taekwondo Association**, is Organizing **12th Fresher's Kids, Pee-Wee, Sub-Junior, Cadet, Junior & Senior Kyorugi & Poomsae Boys & Girls Taekwondo Championship 2025** from 15th to 18th May 2025 at K. D. Singh Babu Stadium, Lucknow, Uttar Pradesh.

I cordially invite you and your teams to participate in the Championship. There is no restriction for participation from a District/Clubs in a weight Category. All weight are conducted according to height & weight. Criteria for participation in above Championships is as follows :-

1. Sub-Junior Boys & Girls Athletes aged between 7 & 11+ Years (Born between 01/01/2014 & 31/12/2018) are eligible in both Kyorugi & Poomsae Events.
2. Cadet Boys & Girls Athletes aged between 12 & 14 Years (Born between 01/01/2011 & 31/12/2013) are eligible in Kyorugi Events.
3. Junior Male & Female Athletes aged between 15 & 17 Years (Born between 01/01/2008 & 31/12/2010) are eligible in Kyorugi Events.
4. Senior Male & Female Athletes aged 17 Years & Above (Born on or before 31/12/2007) are eligible in **Kyorugi Events**.

Age will be calculated based on the year 2025. Holder of TFI ID Card & recommended by the President / Secretary of Affiliated District Taekwondo Association / Clubs. We are enclosing the following:-

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1. Outline – Information & Rules for Participation
2. Team Officials & Individual Entry Forms

The last date for submission of Entry Forms along with Photos and relevant documents is 11/05/2025 positively. Entry Fees should be deposited in following Bank account.

I solicit your Teams Active Participation to make this Championship a Grand Success. Lucknow District Taekwondo Association & Uttar Pradesh Taekwondo Association are making every possible effort to make this Championship a successful one.

With warm & kind regards

SD
Raj Kumar
Secretary General
Uttar Pradesh Taekwondo Association

**12TH FRESHER'S KIDS, PEE-WEE, SUB -JUNIOR, CADET, JUNIOR
AND SENIOR KYORUGI & POOMSABE BOYS AND GIRLS
TAEKWONDO CHAMPIONSHIP 2025**

15TH to 18th May 2025

Venu: K.D Singh Babu Stadium Lucknow, New Indoor Hall Near Metro Station

FRESHER'S OUTLINE – RULES & REGULATION	
DATE & PLACE	15 TH TO 18 TH May 2025, K.D Singh Babu Stadium Lucknow, New Indoor Hall, Near Metro Station.
PROMOTER & ORGANIZER	UTTAR PRADESH TAEKWONDO ASSOCIATION LUCKNOW DISTRICT TAEKWONDO ASSOCIATION
LAST DATE	Last date for receipt of entry form, photo & relevant documents is 12 th May 2025 positively. After 12 th May NO entries will be entertained.
WEIGHT -IN & HEIGHT-IN	All the coaches (only who registered with UPTA and holder of coach licence) will measure their weight and height and signature it on the form. If difference is found in height & weight then the children will be disqualified.
REGISTRATION	All registration will be done through WhatsApp in which you have to scan the form, pdf file will send WhatsApp number - 8299103118
UNIFORM	TFI Approved Taekwondo Uniform Compulsory White only.
PRIZES	1 st - Gold 2 nd – Silver 3 rd – 2 Bronze Certificate to all.
DATE OF BIRTH PROFF	TFI card, UPTA card, Colour Belt Certificate (ONLY ISSUED BY UPTA), Aadhar card and Original Birth Certificate issued by the municipal corporation is compulsory at the time of registration.
INDEMNITIES	It shall be full responsibility of the participants to have already validly completed the participation form and have them signed indemnifying the organizing committee, it officials and other contestants from any claims if injuries, losses, fatal or otherwise arising in the course of participants in this championship or any other activity therefore. All participants below the age of 18 should be approved and

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	signed by parents/guardians. It shall be the responsibility of the accompanied. Affiliates/Parents/Guardians/ Manager/Coach to ensure that participants and officials are covered with effective insurance coverage etc.	
EQUIPMENTS	The participants must wear their own Chest guard, Head guard, Groin guard, Arm & Shin guard, Hand gloves & Gum Shield compulsory.	
CONTACT US	Mr. Raj Kumar	Mob. 9415434679
	Mr. Devender Singh	Mob. 9456049771
	Mr. Abhishek Chowdhary	Mob. 8299103118

FRESHER'S COMPETITION	
<ul style="list-style-type: none"> ➤ This Competition is Kyorugi & Poomsae (Only Poomsae Individual) Style. ➤ Fight will be conducted in 4 Players group. ➤ All Participants will get Medal and Certificate. ➤ 2 Rounds of 1 min. each with 30 second rest in between. ➤ All protective guards are compulsory. All own equipment's should carry by the athlete ➤ Any Advance Kicks, Turn & face kicks are not allowed in freshers category competition. 	
FRESHER'S KYORUGI CATEGORY	
CATEGORY	YEAR
KIDS	01.01.2021 to 31.12.2024
PEE-WEE	01.01.2019 to 31.12.2020
SUB- JUNIOR	01.01.2014 to 31.12.2018
CADET	01.01.2011 to 31.12.2013
JUNIOR	01.01.2008 to 31.12.2010
SENIOR	Born on Before 31.12.2007

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FRESHER'S POOMSABOYS CATEGORY		
Category	Belt	Taeguk
Kids 01.01.2021 to 31.12.2024	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5
Pee-Wee 01.01.2019 to 31.12.2020	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5
Sub-Junior 01.01.2014 to 31.12.2018	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5

Cadet 01.01.2011 to 31.12.2013	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5
Junior 01.01.2008 to 31.12.2010	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5
Senior Born on Before 31.12.2007	White to Yellow Belt	Taeguk 1
	Green to Green one Belt	Taeguk 3
	Blue to Blue one Belt	Taeguk 5

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Fresher's Individual Entry Form														
Gender		Category						Event		Paste one latest photo				
Male		Kids		Pee-Wee		Sub-jr		Kyorugi						
Female		Cadet		Junior		Senior		Poomsae						
Fill In Capital Letters Only														
Aadhar No.														
Name														
Date of Birth									Weight(kg)			Height(cm)		
Present Belt					Mobile No.									
Address														
School Name														
Copy of corporation/Municipal Birth Certificate and Colour Belt Certificate should be enclosed. (Original Birth Certificate & colour belt certificate must be show at the time of Weight-In)														
DECLARATION														
I, the undersigned do hereby solemnly affirm, declare and confirm for myself, my heirs, executors & administrators that I indemnify the Promoters/Organizers/Sponsors & its Members, Officials, Participants etc. Holding myself personally responsible for all damages, injuries of accidents, claims, demands etc. Waiving all prerogative rights, whatsoever related to the above set forth event.														

Signature Coach /Secretary	Signature of Principal	Signature Parents/Guardian
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Office Use Only:

To be filled by Officials only		Remark
Weight-In	Kg	
Height-In	Cm	

Referee Name.....

Referee Signature.....

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Fresher's Kyorugi/Poomsae Consolidated List					
District name					
Academy name					
Gender		MALE			
S.No.	Name	D.O. B	Event	Height (Cm)	Weight (Kg)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

Signature of Secretary/President/Coach of Club/Academy/School/Principal

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Fresher's Kyorugi/Poomsae Consolidated List					
District name					
Academy name					
Gender		FEMALE			
S.No.	Name	D.O. B	Event	Height (Cm)	Weight (Kg)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					

Signature of Secretary/President/Coach of Club/Academy/School/Principal